

CLIFFORD CHURCH OF ENGLAND
INFANT SCHOOL

POLICY STATEMENT FOR PHYSICAL EDUCATION
AND SCHOOL SPORT (PESS)

To be Reviewed : May 2018

Reviewed by : S. Preston

Introduction

The school believes that physical education experienced in a safe and supportive environment plays a vital part in the development of the whole child. Physical education will do this by providing opportunities for the children to build their physical co-ordination and social skills. Through providing a balance of individual, team, co-operative and competitive activities, our PE curriculum will cater for children from a range of cultures and with a variety of needs. We want to promote the pleasure and enjoyment that they can derive from physical activity to enable them to lead a healthy, active lifestyle for the rest of their lives.

Aims and Objectives

- To foster enjoyment and a positive attitude to physical activity and learning.
- To consider how different aspects of PE can express cultural identity and transcend cultural boundaries.
- To promote safe practice.

Develop an increasing ability to:

- Acquire and develop a range of skills in all aspects of PE.
- Select and apply skills, tactics and compositional ideas.
- Evaluate and improve performance.
- Understand that exercise is an essential part of a healthy lifestyle.

Staffing and Staff Development

The class teacher sometimes teaches lessons; however, most of our PE is currently taught by specialist sports coaches. If anyone other than the class teacher is taking children for PE they will be advised according to the school's induction procedures and PE policy.

Entitlement

The school provides an average of two hours of high quality physical activity per week for all children. Class teachers will ensure that all National Curriculum areas are covered over the year in delivering a broad and balanced curriculum. Each unit of work will incorporate National Curriculum PE from Key Stage 1 and Foundation.

Out of School Hours Learning

Through our OSHL programme we aim to :-

- increase children's enjoyment and enthusiasm for physical activity
- promote creativity, expression and tactical thinking
- offer a broad range of activities
- use high quality coaching
- promote club links

Our OSHL includes the opportunity to participate in sporting competitions and festivals.

Adults Other Than Teachers (AOTTs)

AOTTs are used to provide specialist sporting input as appropriate, enabling the children to receive a wider range of sporting activities.

Safe Practice

Health and safety awareness is an integral part of children's learning in PE. The staff will work to accepted codes of practice in PE following Local Authority (LA) guidelines in the BAALPE safe practice in PE publication. The BAALPE publication is also available to all staff.

Teachers should ensure that:

- children are aware of the rules pertaining to the safe use of equipment
- children behave in a manner, which is conducive to a safe working environment
- warm up and cool down activities are employed to reduce risk of injury
- other adults, eg. support teachers and students are aware of their role during the lesson.
- safe practice and observation of the rules pertaining to good hygiene are adhered to.
- equipment has been checked for safety.
- safe methods of lifting and carrying equipment, and attaching one piece to another are taught and supervised if appropriate.
- cultural and social needs will be respected wherever possible so long as the health and safety of the pupil and other pupils in the group is not jeopardised in any way.
- children are supervised by a member of staff whilst changing.
- if travelling to a sporting event outside of school that legal requirements are followed.

Parents and children should be aware of the following :

- no jewellery to be worn at all.
- long hair should be tied back and headscarves should be tucked into t-shirts.
- a full change of appropriate clothing is required.
- verrucas - bare feet. Plimsolls if painful.
- plimsolls to be worn for games work, bare feet for gymnastics and dance.
- note or parental contact is needed for abstention from PE.
- contact will be made with parents if appropriate kit is regularly not in school.

The Headteacher should ensure that :

- a yearly check is made on gymnastics equipment.

Cross-Curricular

Where possible links are made between each area of PE, and other areas of the school curriculum. Our choice of teaching strategies help children to :

- develop confidence and responsibility, making the most of their abilities.
- Develop a healthy, safer lifestyle.
- Develop good relationships and respect the differences between people.

Equal Opportunities and Inclusion

The National Curriculum provides staff with the flexibility to respond to the needs of all pupils, including those with identified special needs. No child will be excluded from any PE activities taking place in the school on the grounds of physical disability or gender. We will strive to offer as many activities as possible to all children. Where appropriate, material may be selected from earlier or later stages to enable individual children to progress and gain a sense of achievement. Liaison with outside agencies will enable teachers to plan appropriately for children with special educational needs.

Children identified as gifted and talented in PE are recommended to attend out of school hours coaching. However, in PE lessons open-ended and extension tasks mean that children can perform at a higher level.

Equipment and Resources

The headteacher with the help of the staff is responsible for purchasing and maintaining equipment. A variable percentage of the school budget is available for PE each year depending upon overall financial circumstances. Equipment will be stored for access by staff. Children are not allowed access to PE equipment without direct supervision from an adult. Specific playground equipment is available for use at playtimes.

The Learning Environment

The hall is cleaned daily and outdoor areas are kept in a suitable state of repair and free from hazards. Adequate lighting and ventilation are present in learning and storage areas.

Leadership and Management Roles

The staff will work together with the outside sports coaches to deliver high quality PE/sports opportunities for their classes.

The Headteacher will give advice on equipment and training needs which are to be identified and met. Supermarket vouchers and any other available sources of funding are used to support PE and extra-curricular activities.

Monitoring and Evaluation

The Headteacher will monitor the delivery of PE throughout the school and may delegate this task for projects such as Sports Day..

Assessment and Recording

Every teacher is continually assessing every child's progress throughout the year. These assessments are made by watching, listening to and questioning the children. Parents are given the opportunity to discuss their child's progress at parents' evening. Reports are also sent out at the end of the school year detailing children's progress. Assessment informs planning by identifying children's future learning needs.